

GUIDE FOR PARENTS: QUESTIONS TO ASK YOUR GHD SPECIALIST

If your pediatrician suspects your child has growth hormone deficiency (GHD) and you're seeking further evaluation and guidance from a pediatric endocrinologist, below are some questions you may want to consider asking:

- 1. What specific tests will be conducted to diagnose my child's GHD?**
Understanding the diagnostic process helps you grasp what to expect and ensures thorough evaluation.
- 2. What are the potential causes of my child's GHD?**
Knowing the underlying causes can provide insight into your child's condition and help guide treatment decisions.
- 3. What are the treatment options available for GHD, and what are their pros and cons?**
Learning about treatment options empowers you to make informed decisions about your child's healthcare.
- 4. How effective is growth hormone (GH) therapy in treating GHD, and what are the expected outcomes?**
Understanding treatment effectiveness and expected outcomes helps manage expectations and gauge treatment success.
- 5. What are the potential side effects or risks associated with GH therapy?**
Being aware of potential side effects allows you to monitor your child's response to treatment and address any concerns promptly.
- 6. How frequently will my child need to receive GH injections, and how are they administered?**
Knowing the treatment schedule (i.e. daily vs. weekly) and administration method helps you plan and prepare for your child's therapy.
- 7. Are there any lifestyle modifications or dietary changes that can complement GH therapy?**
This is a very common question. Your doctor may have some thoughts to share with you regarding this topic.
- 8. What signs or symptoms should I watch for that may indicate a need for adjustments to my child's treatment plan?**
Recognizing potential complications or treatment issues allows for timely intervention and optimization of care.
- 9. How often will my child need follow-up appointments to monitor their progress during treatment?**
Regular monitoring ensures that your child's treatment remains on track and allows for adjustments as needed.
- 10. How long will my child need to take GH injections and are there long-term implications or considerations I should be aware of regarding my child's GHD and treatment?**
Understanding the long-term effects of GHD and its treatment helps you plan for your child's future health needs and overall well-being.

Remember to take notes during your discussion with the pediatrician and don't hesitate to ask for clarification or additional information as needed. Your active involvement and collaboration with the healthcare team are crucial for ensuring the best possible outcome for your child's health and well-being.

NOTES:

For more information about GHD, visit GHDinKids.com

Or scan this code 

